

# CMAS SCUBA DIVING & SPECIALITIES TRAINING MAP

**INDOOR SCUBA DIVING**

10 Years

MAX DEPTH 15 m

+14 Years

MAX DEPTH 10 m

**INTRODUCTORY SCUBA EXPERIENCE**

PRE-REQUISITES

14 Years

**ONE STAR DIVER**

MAX DEPTH 20 m

PRE-REQUISITES

20 Dives 15 Years

**TWO STAR DIVER**

MAX DEPTH 30-40 m

PRE-REQUISITES

Underwater Navigation  
CPR + Oxygen Administration  
Rescue Diver + biological Specialty

50 Dives 18 Years

**THREE STAR DIVER**

MAX DEPTH 40-56 m

PRE-REQUISITES

1 Year Three Star Diver

100 Dives 18 Years

**ONE STAR INSTRUCTOR**

COMPETENCIES One Star Diver Diving Specialities

PROFESSIONAL CAREER

PRE-REQUISITES

1 Year One Star Instructor  
25 Training Sessions  
2 x Assistant Instructor Two Star Diver Course  
1 x Assistant Instructor Three Star Diver Course

250 Dives 20 Years

**TWO STAR INSTRUCTOR**

COMPETENCIES Two, Three Star Diver & Divemaster Assistant Course Instructor Diving Specialities

PRE-REQUISITES

2 Years Two Star Instructor  
50 Training Sessions  
2 x Assistant One or Two Star Instructor Courses

500 Dives +20 Years

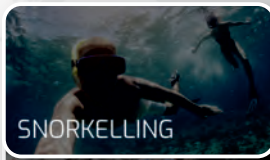
**THREE STAR INSTRUCTOR**

COMPETENCIES One, Two & Three Star Instructor Instructor Specialities

PRE-REQUISITES Refer to standard Four Star Instructor

**FOUR STAR INSTRUCTOR**

## DIVING SPECIALITIES



RECREATIONAL SPECIALITIES

- Rescue Diver ★
- Underwater Navigation ★
- O2 Administration ★
- Altitude Diver
- Dry Suit
- Nitrox Diver
- Advanced Drift Diver
- Wreck Diver I
- Underwater Photographer I
- Sidemount Diver
- Advanced Skills Diver
- Search & Recovery

SCIENTIFIC SPECIALITIES

- Conservation Biology
- Ocean Discovery
- Cultural Heritage
- Marine Biology
- Geology
- Freshwater Biology
- Archaeology

TECHNICAL SPECIALITIES

- Technical Skills Diver
- Semiclosed Rebreather

RECREATIONAL SPECIALITIES

- Compressor Operator
- Recreational Trimix Diver
- Ice Diver
- Wreck Diver
- Night Diver
- Underwater Scooters
- Self-Rescue Diver
- Sidemount Diver
- Underwater photographer II & III

SCIENTIFIC SPECIALITIES

- Advanced Marine Biology
- Advanced Geology
- Advanced Freshwater Biology
- Advanced Archaeology

TECHNICAL SPECIALITIES

- Advanced Nitrox Diver
- Accelerated Decompression Diver
- Trimix Diver
- Cave Diver I & II
- Semiclosed

TECHNICAL SPECIALITIES

- Cave Diver III
- Closed Circuit Rebreathe
- Compressor Operator
- Disabled Diving Assistant
- Recreational Scooter Assistant
- Tec Scooter Assistant
- Overhead Scooter Assistant
- Accelerated decompression
- Normoxic Trimix Diver
- Advanced Trimix Diver
- Trimix Gas Blender

PRE-REQUISITES

Three Star Diver  
Experience in deep diving; and  
Navigation, night and biological specialities.

80 Dives 18 Years

**DIVEMASTER**

COMPETENCIES Expedition Leader  
Project Leader  
Safety Leader

**CMAS TECHNICAL COMMITTEE**